



# Crock Pot Cooking

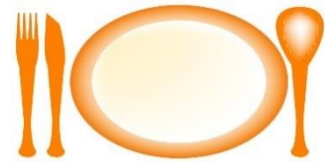
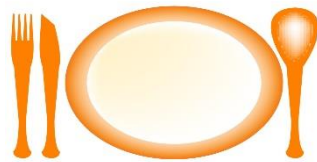
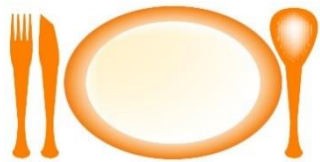


**August 30, 6:00 p.m.**

(Last Monday of each month)

**Join us as we ...**

prepare 2 meals to freeze for another day,  
share fellowship around a prepared meal, and  
send a crock pot home with 1st time participants.



Kitchen assistants and friendly faces  
are needed as we gather around the table!

Call Jill if you'd like to be part of this exciting ministry!

